

Putting on



Wash hands or use **hand sanitizer**.



Make sure mask is **clean** and **dry**.



Hold by the **ties** or **loops**.



Cover the **bridge of your nose to your chin**.



Avoid touching the mask or your face under the mask.



Change it if **wet** or **dirty**.

Taking off



Wash hands or use **hand sanitizer**.



Remove mask by using the straps behind your ears or head. **Do not touch the front of the mask.**



When disposing of mask, place it into a **lined wastebasket**. If reusing, place it into a **paper bag**.



Wash hands or use **hand sanitizer** again.

How to wear a non-medical mask.