



# **Golden Horn Elementary routines, schedules and programs for 2020-21**

Adapting to COVID-19 at our school



## Table of Contents

<b>Starting the 2020-21 school year .....</b>	<b>3</b>
<b>Health and safety routines for the 2020-21 school year .....</b>	<b>4</b>
Contacting the school .....	4
Staying home when sick.....	4
If a student or staff gets sick at school.....	5
Wearing a mask at school.....	5
Physical distancing.....	5
Hand washing and sanitizing at school .....	6
Supporting safe habits at school.....	7
<b>Operations and schedule during the 2020-21 school year .....</b>	<b>8</b>
School start and end times, and recess and lunch .....	8
Drop-off and pick-up .....	8
Water bottles, food and meals .....	8
Visitors and public access to the school .....	9
<b>Programming during the 2020-21 school year.....</b>	<b>9</b>
Contacting the school for learning supports .....	9
Learning at school .....	9
Learning at home if a student can't attend school .....	9
School supplies and sharing learning materials.....	10
Libraries and computer labs.....	10
Recess, gym and playing on the playground .....	11
School field trips .....	11
Music and cooking classes .....	11
Extracurricular activities (school sports, music, arts, other programs) .....	11
For more information:.....	12



## Starting the 2020-21 school year

After an unusual end to last school year, we are very excited to welcome students and school staff back into our classrooms. We know this school year will be different, but we have an opportunity to work together, to be creative and set a positive example for our students of how we can be resilient when presented with challenges.

The health and safety of students and school staff is our first priority. Our school is adapting our operations and programming to meet the [health and safety guidelines for K-12 school settings](#) set by Yukon's Chief Medical Officer of Health.

The health and safety guidelines indicate that:

- Keeping students out of school has negative impacts on their mental health
- Outbreaks involving children and youth are unusual and tend to only occur in areas where there are high levels of community spread
- Most children are not at high risk for Covid-19 infection.
- Children and youth are not the primary drivers of COVID-19 spread in schools or community settings
- Older children are more likely to transmit than younger children.
- Proper health and safety measures still need to be in place to reduce risk
- Exposures and cases in schools occur according to COVID prevalence in the communities. In documented cases in schools, there was typically minimal spread beyond index case through isolated outbreaks that have been reported.
- Adults in school settings do not appear to be at higher risk of COVID-19 than in the community or in their household.

Staff at our school will be regularly reviewing the health and safety measures at our school with students to ensure safe and healthy habits.

Read more below about how we are adapting our school routines this school year.

## Health and safety routines for the 2020-21 school year

### Contacting the school

Contact us at 867-667-8130 if you have questions about how we are ensuring the health and safety for students and staff this school year.

### Staying home when sick

Students and staff must stay home if they are sick or showing symptoms. Parents should monitor their child every day for symptoms before sending them to school. Please refer to the following document

[https://yukon.ca/sites/yukon.ca/files/hss/hss-can-your-child-go-to-school\\_0.pdf](https://yukon.ca/sites/yukon.ca/files/hss/hss-can-your-child-go-to-school_0.pdf)

Parents should consider if they are new or worsening symptoms when monitoring, or if they are otherwise not explained. For example, a child with asthma may have a cough, which may not be new.

The “traffic light” documents help families and staff with determining when to return to school, work and regular activities. These documents can be found online at the following links:

[https://yukon.ca/sites/yukon.ca/files/hss/hss-can-my-child-go-to-school\\_0.pdf](https://yukon.ca/sites/yukon.ca/files/hss/hss-can-my-child-go-to-school_0.pdf)

<https://yukon.ca/sites/yukon.ca/files/hss/hss-can-i-go-to-work-or-resume-regular-activities.pdf>

Symptoms include:

- Fever/chills
- Cough
- Shortness of breath
- Runny nose
- Sore throat
- Headache
- Loss of sense of taste or smell
- Fatigue
- Loss of appetite
- Nausea and vomiting
- Diarrhea
- Muscle aches



Health officials recommend students get tested for COVID-19 if they are showing symptoms. Students and staff must stay home until they are symptom free, or if tested, until they have a negative test.

Always phone 811 or your family physician before going anywhere to get tested.

Testing is available to anyone with symptoms of Covid-19, no matter how mild.

### If a student or staff gets sick at school

If a student or staff gets sick at school:

- The student or staff will be immediately separated into a designated area
- The student or staff will be provided a mask
- The student's parent/guardian will be contacted to pick them up as soon as possible
- The school staff member who is sick will go home as soon as possible
- The designated area will be thoroughly cleaned and disinfected

### Wearing a mask at school

Students in grade four and up will now be required to wear non-medical masks in all indoor school settings that are outside the classroom (including on buses).

- Students do not need to wear a mask in their classroom as long as they are able to maintain a one-meter physical distance from each other.
- Students are required to wear a mask in hallways and other common areas.
- Masks are not required for students who are under grade four both in classrooms and in the rest of the school.
- If a student gets sick at school, they will be required to wear a mask regardless of the age of the student.
- Staff must continue to maintain a two meter distance from students and other staff, including inside the classroom, and if they cannot they must wear a mask.
- Staff members must wear a mask in hallways and other common areas.
- Members of the public must wear a non-medical mask when in a school setting.



## Physical distancing

The health and safety guidelines indicate physical distancing is not always possible with children. Where not possible, risks are being reduced by increasing other measures like handwashing, cleaning and disinfecting, and making sure students and staff stay home when sick or showing symptoms.

The current limits on social gatherings do not apply to school settings and school-related activities. There can be any number of students and staff in a school setting at any given time provided they can maintain physical distancing.

In indoor areas

To support safe spacing, manage traffic flows in common areas, and limit mixing of different groups of students, our school is taking the following measures:

- **Desks will be in rows and tables will have limited seating with work zones taped off on the tables. Students will all be facing the same way (not each other).**
- **Marks on the floors of classrooms for placement of tables and desks.**
- **There will be lanes in the hallways set up with one-way traffic flow.**
- **Any small group activities are to be within classroom bubbles.**
- **Regularly remind students to keep their hands to themselves.**
- **Staggered morning recess – primary recess (10:15-10:30am)/intermediate recess (10:20-10:35am).**
- **Reverse lunch – primary recess (12:00-12:25pm)/intermediate recess (12:25-12:50pm).**
- **Outdoor play done in zones – An intermediate and primary zone.**

## Hand washing and sanitizing at school

Students and school staff will be required to wash their hands for 20 seconds with soap and water or sanitize their hands frequently during the school day.

When students should wash their hands	When staff should wash their hands
<ul style="list-style-type: none"> <li>• Before and after any transitions within the school setting (e.g. to another classroom, indoor-outdoor transitions)</li> <li>• Whenever hands are visibly dirty</li> <li>• After using the washroom</li> <li>• Before eating and drinking</li> <li>• After sneezing or coughing into hands</li> </ul>	<ul style="list-style-type: none"> <li>• Before and after any transitions within the school setting (e.g. to another classroom, indoor-outdoor transitions)</li> <li>• Whenever hands are visibly dirty</li> <li>• After using the washroom</li> <li>• Before eating and drinking</li> <li>• After sneezing or coughing into hands</li> </ul>

<ul style="list-style-type: none"> <li>• After playing outside</li> </ul>	<ul style="list-style-type: none"> <li>• Before handling food or assisting students with eating</li> <li>• After contact with body fluids (i.e., runny noses, spit, vomit, blood)</li> <li>• After cleaning tasks</li> <li>• After removing gloves</li> <li>• After handling garbage</li> </ul>
---	---

Students and staff will be able to wash hands at available sinks in the school. Hand sanitizing stations will also be located at:

- There are portable hand sanitizer bottles in every classroom. There is a foot-pump hand sanitizer at the front entrance of the school. Hand sanitizer will be available in the office. Students will receive hand sanitizer when entering the school.

## Cleaning and disinfecting the school

Government of Yukon custodial staff will be cleaning and disinfecting the school with disinfectants approved by Health Canada. They also follow [cleaning and disinfecting guidelines](#) set by Yukon’s Chief Medical officer of Health.

High-touch areas and equipment, including shared items for learning will be wiped down and cleaned more frequently.

Staff and students may also take part in support cleaning efforts. Students may be asked to help out by washing their hands, cleaning their desk and cleaning up after using shared items for learning, just like they would usually would.

- **Compost and recycling will continue in the classrooms. Bins will be emptied using gloves. Hands washing immediately after.**
- **Students will be using laptops or iPads at their own desks. After a single use, devices will be cleaned. Instructions on how to clean devices correctly will be provided.**

## Supporting safe habits at school

Teachers and school staff will go over these health and safety routines regularly with students. Parents are also encouraged to review these health and safety routines regularly with their child or children. This includes:

- Washing hands with soap and warm water for 20 seconds
- Using hand sanitizer when you can’t wash your hands



- Coughing and sneezing into our elbows
  - Using a tissue to blow our nose, and then throwing the tissue in the garbage
  - Keeping a 2-metre distance from your friends and teachers as much as you can
  - Making sure your child or children tells you when they are sick or showing symptoms
  - Keeping them home when they are sick or showing symptoms
- 

## Operations and schedule during the 2020-21 school year

### School start and end times, and recess and lunch

The start and end times for our school day have not changed. Our school day will start at **8:40am** and end at **3:10pm**.

Our recess and lunch breaks will be staggered for different groups of students: **primary/intermediate**

Our times for recess and lunch have changed. Primary students will have their morning recess break from **10:15am-10:30am** and lunch recess from **12:00pm-12:25pm**.

Intermediate students will have their morning recess break from **10:12am-10:35am** and lunch recess from **12:25pm-12:50pm**.

### Drop-off and pick-up

Student, parents and school staff should maintain a 2-metre distance during drop-off and pick-up times.

Parents should not enter the school while waiting to drop-off or pick up their child. They should wait in their vehicle or in the designated waiting area.

### Water bottles, food and meals

Students are encouraged to bring their own water bottle for the school day to reduce contact at the water fountains.

Students in the grade 6/7 and grade 7 having classrooms in the portables, will be asked to bring their water bottles filled with water at the start of the day. Water will be available to refill water bottles in the portables for the remainder of the day.



There will be no sharing of food or drinks between students at the school this year. Any meals available at the school will be served in individual portions or packaged in single-use, food grade packaging.

### Visitors and public access to the school

Parents and other guests should limit visiting the school where possible. We understand there may be times where you must visit the school building.

When visiting the school, parents and visitors to the school must:

- Parents and visitors will have to make scheduled arrangements before entering the school.
- Please ring the doorbell and enter through the **front main entrance (door 2)** and exit through the **front entrance (door 2)**
- Parents and visitors will sanitize their hands using hand sanitizer at the main entrance and then report to the office where they will receive instructions as to where they can wash their hands.
- After washing their hands there will be an escort to take parents or visitors to the class they are working in. Parents and visitors will wear a mask while at the school.
- Parents and visitors will maintain physical distancing of at least two meters while in the school.

---

## Programming during the 2020-21 school year

### Contacting the school for learning supports

Contact the teacher first if your child needs additional or different supports for their learning.

If you still have concerns with the supports being offered, please contact the school to ensure the school principal is able to follow-up.

The school can be contacted at: 867-667-8130

### Learning at school

All students at **Golden Horn Elementary** will be able to attend in-class instruction, full-time for five-days a week. During the school day, students will attend their regular classes, while following health and safety guidelines. They will learn the full school curriculum.

### Learning at home if a student can't attend school

Students must stay home if they are sick or have symptoms of COVID-19. If a student is unable to attend school, they will be provided their course work by their teacher as they normally would.



If a student is away for an extended period of time, they will be provided their coursework and they will be supported in their learning through:

- Microsoft Teams (provided by Yukon Education) will be the platform used for students to retrieve any work missed. Teachers and support staff will provide assistance via Zoom and/or phone calls.

If you are planning for your child to be away from school for the whole school year, please contact the school principal to discuss options.

### School supplies and sharing learning materials

Sharing of school supplies and learning materials will be limited as much as possible. If shared, materials need to be cleaned and disinfected.

To limit sharing, all students are required to have their own school supplies. School supply lists are on the Golden Horn Elementary website to outline the supplies students will need. For those families that have paid a school supply fee, supplies will be given to students when school commences. Students will have their own containers of pencils, markers, scissors etc. These items will not be kept in community bins. There will be no sharing of pens, pencils or scissors.

Some classes may use some shared learning materials, such as toys, blocks and other materials for learning, but they will be cleaned and disinfected using soap and water or a disinfectant wipe. Students will be asked to wash or sanitize their hands before and after each use.

Paper-based materials like text books, books and paper handouts are okay to use and share as outlined in the health and safety guidelines.

### Libraries and computer labs

Our school library will remain accessible for students and staff and we will continue to allow books and other resources to be borrowed from the library. Students will have to wash their hands before entering the library. While maintaining physical distancing, students can sign out a book and return to their classroom. They must wash their hands before continuing into their classroom.

Students and staff will be able to access the computer lab and use other IT equipment while following these measures:

- Laptops and iPads used at individual students' desks.
- Students will be required to wash or sanitize their hands before and after using computers and other shared IT equipment.
- Computers and other shared IT equipment cleaned after each use using disinfectant wipes.



## Recess, gym and playing on the playground

Weather permitting, recess breaks and gym classes will take place outdoors. Students and families are asked to ensure they have the proper clothing for playing outdoors.

Playground equipment is okay to use as long as hands are washed before and after going on the equipment.

When gym class is indoors, we will follow the [health and safety guidelines for sport and recreation](#).

## School field trips

The health and safety guidelines allow field trips within Yukon and Canada as long as public health and safety guidelines are followed. This includes allowing:

- Outdoor overnight trips if students sleep in their own tent or are only partnered with a family member.
- Hotel stays, as long as no more than two students are in each room.

Our school will be assessing any planned school field trips on a case-by-case basis and will provide updates to students and parents directly through school year.

International field trips are not currently permitted.

## Music and cooking classes

The health and safety guidelines for music classes have been adjusted. Please refer to the following web page for an update. <https://yukon.ca/en/health-and-wellness/covid-19-information/industry-operating-guidelines-covid-19/singing-and-music>

Cooking with small groups are also able to continue while meeting the health and safety guidelines, including washing hands before cooking, limiting sharing of equipment and cleaning and disinfecting surfaces between each class.

## Extracurricular activities (school sports, music, arts, other programs)

We will be assessing extracurricular activities at the beginning of the school year and determining any changes or adaptations that may be needed.

Any extracurricular activities will follow the same health and safety guidelines for K-12 school settings, and any additional health and safety guidelines that apply, for example, the [health and safety guidelines for sport and recreation](#) for school sports.

Students and parents will be updated as this information becomes available.



### For more information:

We will be providing regular updates to students and families during the school year through newsletters and on our school website.

Visit the following websites for more information:

- School website: <http://ghe.yukonschools.ca/>
- Yukon.ca information on education and schools during COVID-19: [yukon.ca/en/education-and-school-supports-covid-19](https://yukon.ca/en/education-and-school-supports-covid-19)
- Yukon.ca information on COVID-19: [yukon.ca/en/covid-19-information](https://yukon.ca/en/covid-19-information)

If you have any questions or concerns, please contact 867-667-8130